

Blue Dragon Martial Arts proudly presents the
Sleepover / Ninja Night - Saturday Feb 21st
(Parents' Night Off !!!)

Who: All students, friends, family

What: It's a Sleepover: Karate, fun, crafts, movies, meals, games and a whole lot more.

Where: Jarratt Hall
(10th Conc. & Horseshoe Valley Rd.)

When: 6:30pm, Saturday – **Feb 21st**

To Bring

- Two items for the Dojo Food Drive
- Wear your Karate uniform there
- Bring regular clothes and indoor shoes /slippers
- Pillow, sleeping bag and mat & sleepwear
- Flashlight, toothbrush & toothpaste...

Registration Information

- Fill out the form below with your payment and return ASAP
- Limited enrollment of 25 ninjas for the evening

Blue Dragon Martial Arts

Empowering lives through the art of Karate

Phone: 705-321-0543

E-mail: Sensei@OroKarate.ca

Schedule of Events

- **6:30 pm Arrival / Check in**
- Evening Karate workout
- Olympic Game # 1
- Evening Meal (hot dogs, chips, juice)
- Olympic Game # 2
- Set up and social time
- Cartoons & Movie # 1
- Snack time (treats...)
- Movie # 2
- Morning Karate workout
- Breakfast (pancakes and juice)
- Olympic Games # 3 & # 4
- Dojo Clean-up
- **9:00 am - Pick-up**



To all parents and or guardians: we are in need of adult volunteers to help for all or part of the evening. If you are interested, please let us know - we would enjoy your company.

All students, friends or family members welcome to this event.

NAME: _____

CONTACT NUMBER: _____

PARENT'S PERMISSION: _____

SUPERVISORS

- Sensei Allain
- 2 Female Parent volunteers
- 2 Male Parent volunteers