

BLUE DRAGON MARTIAL ARTS

October-November 2020

Open House

- We have ongoing open try-outs; it is never too late to bring a friend and or family members to a class.
- With friends and family visiting our school in September it was a great month!

Closed-Thanksgiving and Halloween

- We are closed on Thanksgiving Mon. **Oct 12.**

Tests: Questions and Answers

Martial art we study = Karate / **Karate means** = Empty hand or hands /

Who was my Sensei? = **Sensei Yagi** / His Sensei? = **Sensei Miyagi** / His Sensei? = **Sensei Higionna** / His Sensei? = **Sifu Ru Ru Ko** / Sanchin? = **Three battles.** / Three battles? **posture, breath, and eyes** / battles? **to get them right all at the same time!** **Bonus:** name of your Karate School; BDMA

General

Pandemic schedule- On line Classes

- Tots and Juniors start at **6:20pm** / Int and Seniors at **7:00 pm**
- Classes will be running normally unless you receive an e-mail from Blue Dragon.
- Check the web site or our voice mail for notices always posted by 4:00pm.

PA Days

- Although we follow the school calendar a PA days does not mean we are closed

Attendance

Minimum 85% attendance is mandatory for any stripe test and/or belt examination.(85% or 7 out of 8)

- A missed class can be made up by attending a class prior to, as well as, your own, or
- Completing a senior class, after your regular session, or
- Attending one class at our **other** location at any time (which you are always welcome to do).

Stripe Tests

There are four stripe tests this semester (Sept, Oct, Nov, and Dec). A student can receive two stripes at each test. One stripe is for attendance, the other stripe for their attitude and skills learned over the previous month. In order to attempt a **belt examination**, each student must have eight stripes in total on their belt.

Karate etiquette and noise levels-**IN PERSON & ON ZOOM**

Traditionally a karate school training area is a quiet location for the study of the martial arts.

A reminder: audience voices should be kept to a lower volume during a class. This is appreciated by both the teacher and students.

Brown Belt Three

When a Brown Belt Three moves to a Jr. and/or Sr. Black Belt it takes place in **June** not January.

This means that you along with all the Jr./Sr. Black belts go through a mid-term in January where no belts are awarded. The Mid-term certificate is needed to apply for the Jr. or Sr. Black Belt program testing in June.

Black Belts

Our school follows the guidelines of the All Okinawa Karate Association in that a student is eligible to attempt for a senior Black Belt at the age of 17. The process is in two parts, mid-term prep in January and the annual Black Belt exams held in June. Note: As well has attended Sr. class for at least a year.

Empowering lives through the art of Karate

www.OroKarate.ca / 705.321.0543 / Sensei@Orokarate.ca