

BLUE DRAGON MARTIAL ARTS – Summer 2023

May-Animal Shelter Donations delivered

- Since **2010 or 13 years** at our summer graduation ceremonies we collect a vehicle full (Over 135 Kg per load) of items to help our animal friends. They were delivered to the OSPCA in Orillia. *That's over 1700 kg so far!*

June-Karate & Sword Training

- We are outdoors for Karate and Bokken (wooden sword training), we will participate in basic movement and partner work as we delve into the ancient world of sword play.
- No change in class times-keep an eye out for emails

July-Karate

- We continue outdoors with a focus on Sanchin / Kata and partner work
- No change in class times-keep an eye out for emails

August-Karate

- We continue outdoors with a focus on prep for the September courses
- No change in class times-keep an eye out for emails

September

- Open house and regular classes all month. Bring your friends!
- Outdoor Location -Warminster: Mon the 4th, Wed the 6th and Mon the 11th
- Outdoor Location -Shanty Bay: Mon the 5th and Thurs the 7th of September
- Indoors -Warminster: **Monday, the 13th** of September
- Indoors - Shanty Bay: **Tuesday, the 12th** of September

